

# LET'S LEND A HAND.

The following items are what we need the most



## Provide essentials to individuals experiencing homelessness

- Disposable masks
- Men casual shirts -new or gently used all sizes  
Small to XXL
- Men's underwear -new only
- Athletic Shoes -new or gently used
- Men's jeans -new or gently used sizes 34-40
- New travel size toiletries: toothpaste,  
deodorant, shampoo, conditioner, soap, hand  
sanitizer, disposable razors
- Hot Hands
- Hat, gloves, scarves
- Large and extra large men's waterproof jackets
- Sleeping bags
- Thermal clothing
- New Socks
- Cases of bottled water
- SmartTrip transportation cards



## Donate non-perishable food items to support our newly housed residents



- Oatmeal/Grits
- Rice Bags
- Peanut Butter
- Cans of Tuna
- Canned Soups
- Pasta
- Rice-a-Roni
- Instant Mashed Potatoes
- Canned Fruit
- Pasta Sauce
- Crackers/Triscuits
- Granola/Protein/Breakfast bars
- Toilet paper
- Dishsoap
- Boost/Ensure
- Resuable grocery bags

Please reach out with any questions to  
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